

## MINORS WAIVER FOR PRACTICING INDOOR CLIMBING

### VERTICAL SPIRIT climbing gym, 80 Baicului Street

Practicing indoor climbing under safety conditions is the most important aspect on the basis of which we lay all of our undertakings regarding the promotion of this sports activity. For this reason, knowing and observing the safety rules is highly important. Each climber is required to be informed about these rules and to draw others' attention when noticing errors being committed in this respect.

- Access to the climbing wall for minors who have not participated in the climbing initiation courses, as well as for any child under 14 years of age is only permitted under the supervision of an instructor.
- The wall may be climbed without the use of rope up to the height of 3 meters from the ground (measured from the inferior body extremity) and only if the climbing wall is equipped at its basis with landing mattresses of minimum 15 centimeters thickness.
- It is forbidden to stand on the landing mat while other practitioners are ascending, as a fall of the climber might produce severe injury to those standing directly below on the mattress.
- For climbing the wall above 3 meters (measured from the inferior body extremity), the use of harness, rope, safety devices mounted on the wall and safety belay anchors is mandatory for all climbers.
- **It is mandatory to clip all anchors on the climbing wall**, as the climber ascends.
- The rope, the harness and the safety devices, as well as any other safety equipment must be UIAA certified for sport climbing (**NOT for industrial mountaineering**).
- Climbing the wall is allowed only with climbing shoes adequate for artificial structures, while boots or street shoes are not permitted under any circumstances.
- The safety rope will be installed on the gym ceiling, by means of locking carabiners or quick link (maillon rapide) in one of the special-mounted bolts (or by use of specially-mounted metal bars).
- Top-roping can be mounted by the gym personnel only, or by those that are familiar to the specific maneuvers for installing top-rope and only under the surveillance of gym personnel.
- For rope-tying a figure 8 knot is mandatory to be used, directly through the harness (for lead-rope) or through the UIAA certified locking carabiner (for top-rope).
- Both the climber and the belayer are compelled to check each other regarding the knot and the belay method.
- The belayer will not stand at more than 2 meters from the basis of the climbing wall, in order to avoid any incident; the belayer is forbidden from sitting down while ensuring the climber.
- It is strictly forbidden to play around with the safety equipment, as well as make any other jokes regarding safety maneuvers, safety equipment and behavior during climbing trainings.
- **Climbing and bouldering under the influence of alcohol is strictly forbidden;**
- **All climbers will be tested by the designated supervisors regarding: climbing knots, top rope belaying, lead belaying and lead climbing;**
- **Climbing in the gym without prior examination from the designated supervisor is forbidden;**
- Safety is one main aspect of climbing, but there is a component of 'personal risk' of injury. The climbers accept the risks related to the practice of this activity and are responsible for the autonomous actions in which they themselves must take into account various circumstances, such as: the distance between quick draws, the method of clipping quick draws, the method of belaying their teammate, the position of the body against the rope during ascent, landing on the safety mat.
- **Breaking the above mentioned rules could lead to suspension and in some cases to cancellation/termination of monthly subscription and forbidden access into gym premises without refunds.**
- **Due to the particular safety requirements we must follow for both children and adults, children will only be permitted to enter the gym in the presence of their designated climbing instructors and we maintain the right to exclude from lessons those children that do not respect these rules and do not stay by their instructor's side during the climbing lesson.**

#### STATEMENT

Name ..... born on ..... residing at..... identified via I.C. Series..... No.....Phone number....., as parent / legal guardian of.....

I hereby declare:

- Both myself and the child have been informed about the safety rules and obligations to him during the activities at the climbing wall and I agree form him to participate in classes organized by Vertical Spirit at the gym in 80 Baicului street in Bucharest.

- He has performed the necessary check-ups that certify he is fit for practice of climbing.

Also, in case ..... does not follow the training sessions' schedule, the demands of the instructors, overseers and those responsible for the gym; he does not behave himself or use civilized language during the activities at the climbing wall; he does not use the facilities and materials offered to him in a civilized manner (and in case of any damages, he will bear the associated costs), **then the Vertical Spirit Sports Club is exonerated from any responsibility in case of injury.**

NAME.....DATE.....SIGNATURE.....

**PARENT'S CONTACT DETAILS** (completing this field is mandatory)

Email ..... Mobile .....

- I agree to receive Vertical Spirit newsletter
- I do not agree to receive Vertical Spirit newsletter

**NAME & SIGNATURE**

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**IMAGE AGREEMENT**

The undersigned ....., I express my agreement as Vertical Spirit to use the photos and videos in which my kid appears as a climber or participant in the activities organized at Vertical Spirit, in order to promote the Vertical Spirit climbing gym or the events organized by them, on social networks (Facebook, Instagram), in posters or dedicated photo albums or on the website [www.verticalspirit.ro](http://www.verticalspirit.ro) .

**NAME & SIGNATURE**

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**GDPR POLICY**

Vertical Spirit collects your personal data with the purpose of providing services (participation in climbing lessons and other sporting activities organized by Vertical Spirit, renewal and management of subscriptions, contract management, announcement of gym schedule), in order to comply with legal obligations and for marketing purposes, for information and for improving the quality of the services and products offered, as well as to prove that the legal safety rules on said climbing activity have been acknowledged.

By signing this consent, you agree that the data provided by you will be processed for this purpose.

According to Regulation 2016/679 / EU, you have the right to information, access, rectification or deletion (the right to be forgotten), restriction, portability, withdrawal of consent and the right not to be the subject of a decision based solely on automatic processing, including the making of profiles.

You can make the above requests about your rights by contacting Vertical Spirit at Liviu Rebreanu Street, No. 15, Bl.N3, Sc.1, Ap.191. Et. 8, Sect 3. Bucharest or by e-mail at [roxana@verticalspirit.ro](mailto:roxana@verticalspirit.ro).

**Personal data processed by Vertical Spirit:** name, surname, date of birth, ID number, contact details: address, e-mail, telephone number.

**Method of data collection used:** by filling in the sign-up forms, either hard copy or online at Vertical Spirit's website and information requests.

**Collected data can be transferred to:** Public authorities, if they request, to respond to legal requirements.

**Duration of personal data processing:** Your personal data is processed throughout the entire contractual relationship and, upon completion, at least for the period required by applicable law, including, but not limited to, archiving provisions.

**NAME & SIGNATURE**

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